

L: Turn left  
R: Turn right  
SA: Straight ahead  
TL: Traffic lights  
RB: Roundabout  
MRB: Mini-roundabout  
1E: First exit  
Imm: Immediately  
\$: Signpost  
X: Crossroads (give way)  
x: Crossroads (you have priority)  
Cont: Continue  
Eff: Effectively  
Tri: Grass Triangle  
LHB/RHB: Left/Right hand bend  
CP: Cycle path  
< Before  
> After

**Bold** places are next to be visited en route.

**1) WESTMINSTER - HODDESDON (44.1km)**

0.0	START Westminster Abbey, The Sanctuary	
0.0	R onto Broad Sanctuary	0.0
0.1	Enter Parliament Square	0.1
	3E off Parliament Sq onto A302	0.1
0.1	Imm L onto Embankment A3211 or CP	0.2
2.0	L @ TL up slip road to B'fairs Bridge	2.2
0.2	Use CP to go SA onto Queen Vic St	2.4
1.1	SA @ Bank onto Threadneedle St	3.5
0.4	L @ TL onto Bishopsgate, A10	3.9
	Cont SA, becomes Shoreditch High St, A10	3.9
	Past Hoxton, Haggerston, Dalston Jct	3.9
	Past Stoke N'ton, S. T'ham, 7 Sisters	3.9
9.3	SA @ TL onto High Rd, \$ Edmonton A1010	13.2
3.6	2E RB onto The Green A1010	16.8
6.9	SA @ TL on A1010 \$ Waltham X, C'hunt	23.7
0.6	1E @ RB \$ Waltham X Town Centre	24.3
0.2	SA @ MRB thru pedestrianised centre	24.5
0.4	Join dual c'way, Monarchs Way, A121	24.9
	From here = non-towpath Cam route!	24.9
0.3	3E RB, \$ Cheshunt B176	25.2
1.6	2E RB, cont on B176	26.8
3.0	1E RB, imm 3E RB, \$ <b>Broxbourne</b> , A1170	29.8
4.0	2R RB, \$ Ware, A1170	33.8
0.2	Fork L onto High St	34.0
0.1	CONTROL 2 - Tesco Express (or ATMs)	34.1

**LEFT DELIBERATELY BLANK****2) HODDESDON - BISHOPS STORTFORD (21.3km)**

0.0	Depart Tesco Express	34.1
	L, then imm curves R onto Conduit Ln	34.1
	\$ Ware A1170	34.1
0.2	Curve L at "not a RB" thing!	34.3
0.2	2E RB, \$ Lon, Hert, Ware, Cam (A10)	34.5
0.1	2E RB, \$ Industrial Areas	34.6
	Imm leave road and cut-thru path to L	34.6
	At end path, imm R onto Stortford Rd	34.6
0.6	L @ T onto Farm Lane	35.2
0.1	R @ T onto Rye Rd, flat then climb	35.3
2.2	R @ T onto B181, descend	37.5
1.2	SA @ Level Xing in <b>Roydon</b>	38.7
0.7	L @ T, \$ Harlow	39.4
1.9	1E RB, \$ Town Centre (B181)	41.3
0.3	1E RB, \$ Town Centre, Harlow FC etc	41.6
2.1	1E RB, \$ Hertford A414	43.7
0.3	1st R, > xing railway, < xing river	44.0
	The above is \$ "No Right Turn" - care!	44.0
0.1	1st L, cross River Stort	44.1
0.5	R @ T onto Eastwick Rd	44.6
3.2	In <b>High Wych</b> , cont on road, curves R	47.8
1.2	L @ T, onto A1184	49.0
4.6	2ERB, \$ Town Centre, B1383	53.6
1.8	2E RB, imm L into Shell stn. CONTROL 3	55.4

**3) BISHOPS STORTFORD - CAMBRIDGE (44.2km)**

0.0	Exit Shell, L onto London Rd, B1383	55.4
0.5	1E @ MRB \$ Colchester	55.9
0.6	SA @ TL, onto Stansted Rd, past Cock Inn	56.5
2.1	2E RB, onto B1383, \$ Newport	58.6
	Cont B1383 thru <b>Quendon</b>	58.6
9.1	SA cross over M11	67.7
	Cont B1383 thru <b>Newport</b> , past Audley En	67.7
8.6	In <b>Littlebury</b> , cont B1383, curves L then R	76.3
3.7	L on RHB, \$ Ickleton	80.0
1.6	Cont sharp L in <b>Ickleton</b>	81.6
0.5	Curve R to cont @ Tri, \$ Duxford	82.1
4.0	1E @ RB, use CP to cross from SE to NW	86.1
0.2	1st R onto Hill Farm Rd	86.3
1.8	R @ T	88.1
0.1	L and L @ Tri onto Shelford Road	88.2
3.3	Cont sharp R then cross River Cam	91.5
1.2	L @ T in <b>Gt Shelford</b> onto A1301, \$ Cam	92.7
2.3	SA @ TL near Addenbokes	95.0
0.6	R @ TL in <b>Trump'ton</b> onto High St, A1309	95.6
2.4	SA (L) @ TL near Botanic Gdns	98.0
0.7	SA @ 2 MRBs	98.7
0.6	R onto King's Parade at LHB for Silver St	99.3
0.2	King's College entrance!	99.5
0.1	CONTROL 4 Caffè Nero on R	99.6

**4) CAMBRIDGE - MARCH (46.9km)**

0.0 Depart Caffè Nero, head R / nth	99.6
R > church & normal rte out of centre	99.6
1.4 SA @ TL then imm R @ next TL, \$ Ring Rd	101
0.0 Imm L, \$ Histon (B1049)	101
2.4 2E SA @ big RB over A14	103.4
0.3 L @ TL into C'bridge Rd, <b>Histon</b>	103.7
0.1 1st R, still C'bridge Rd	103.8
0.6 L onto CP next to the GUIDED BUSWAY!!!	104.4
7.5 R to exit busway, onto Station Rd, B1050	111.9
Cont B1050 thru <b>Willingham</b>	111.9
7.4 Imm > xing river/canal 1E & MRB	119.3
Imm xing more river/canal, enter <b>Earith</b>	119.3
0.9 R onto Colne Rd, \$ Somersham, Colne	120.2
Cont B1050 to edge of <b>Somersham</b>	120.2
3.8 R @ LHB, \$ Chatteris, B1050	124.0
10.0 BP Garage on corner, if needed	134.0
0.0 Cont SA from BP garage,	134.0
0.1 L on RHB onto Station Road	134.1
0.1 R @ T then 1st L onto Railway Ln	134.2
0.4 1E @ MRB onto High St, heading nth	134.6
1.0 3E RB onto Isle of Ely Way, A141	135.6
7.8 3E RB ONTO Wimblington Rd, B1101	143.4
<i>Alt is L off A141 after 5.1km, thru W'ton</i>	143.4
3.1 CONTROL 5 Costa - on L, < river	146.5

**5) MARCH - HOLBEACH BANK (36.5km)**

0.0 Exit Costa, L to cross River Nene.	146.5
0.0 SA past war memorial	146.5
0.2 R @ TL onto Station Rd, B1101	146.7
0.1 Cont as Station Rd curves L	146.8
3.3 L @ T > dike, onto 20 Ft Rd, \$ Other Rtes	150.1
2.7 R @ T onto A141, \$ Wisbech, P'boro	152.8
1.9 1E @ RB onto A47, \$ P'boro	154.7
0.3 1st R onto Gull Rd, B1187, \$ Guyhirn	155.0
0.1 L @ T, B1187, \$ Murrow, <b>Parson Drove</b>	155.1
6.9 Curve L to cont over 2 brick bridges	162.0
0.0 Imm > 2nd bridge, R onto Guanockgate Rc	162.0
6.4 L @ T, on New Fen Dike, \$ Sutton St Jame:	168.4
2.2 R @ T, cross bridge over dike	170.6
1.4 L @ Tri onto Old Fen Dike, \$ Holbeach	172.0
0.3 R @ Tri onto Jiggle's Gate, heading NNE	172.3
1.0 L @ T onto Raven's Bank, B1165 \$ H'beach	173.3
0.6 1st R onto Raven's Gate, cross dike	173.9
0.6 1st L @ Tri onto Strong's Gate, \$ H'beach	174.5
4.5 L @ T onto Fleet St, B1515	179.0
0.7 R @ TL, onto B1168, \$ Sleaford etc	179.7
0.0 Imm > R, take L fork onto Boston Rd Sth	179.7
0.8 2E @ RB, onto Boston Rd Nth	180.5
1.5 L @ T, onto Washway Rd, \$ Sleaford?	182.0
1.0 R @ T onto A17, \$ Sleaford	183.0

**6) HOLBEACH BANK - BOSTON (18.3km)**

0.0 Cont on A17 - busy to Fosdyke Bridge	183.0
5.7 R onto Wash Rd imm > pub & xing river	188.7
Cont Wash Rd for 5km - detail below...	188.7
1.4 Cont Wash Rd, curves L	190.1
0.2 Cont Wash Rd, curves R, \$ <b>Kirton</b>	190.3
1.4 Cont Wash Rd, SA @ Tri, \$ <b>Kirton</b>	191.7
0.4 Cont Wash Rd, curves R	192.1
1.1 Cont Wash Rd, SA @ Tri, SA	193.2
0.5 R @ T, onto CP beside A16	193.7
0.2 R off CP onto Station Rd	193.9
1.5 5th L onto Clatterdykes Rd, \$ <b>Boston</b>	195.4
Also \$ Wyberton Low Rd	195.4
0.6 SA @ x onto Low Rd, \$ <b>Wyberton, Boston</b>	196.0
1.4 SA thru <b>Wyberton</b> , cont on Low Rd	197.4
2.0 SA @ TL, cont Wyberton Low Rd	199.4
SA through anti-car bollards	199.4
0.3 R @ T onto London Rd	199.7
0.9 Cross A16 via Pelican xing	200.6
0.3 SA onto High St	200.9
Cross River Witham	200.9
0.2 > Mkt Place, walk down ped shop street	201.1
0.1 Exit ped shops st SA onto Wide Bargate	201.2
0.1 CONTROL 6 at Prezzo	201.3
	201.3

**LEFT DELIBERATELY BLANK**

**7) BOSTON - KIRKSTEAD BRIDGE (28km)**

0.0 Depart Prezzo, down side street to park	201.3
0.0 Enter park, keep L	201.3
0.1 Exit park, SA on Norman Ave	201.4
0.1 R @ T onto Tunnard St	201.5
0.3 L @ T onto Norfolk St, A1137	201.8
0.2 R @ TL onto Fydell St, A1137	202.0
0.1 L to cross bridge, cont on Fydell St	202.1
0.2 SA @ TL, past Asda on L	202.3
0.3 SA @ TL onto Argyll St	202.6
0.3 2E MRB onto Brothertoft Rd	202.9
0.1 2nd L onto Langrick Rd	203.0
0.5 Cont RHB, becomes Punchbowl Ln	203.5
1.3 Cont LHB on Punchbowl Ln	204.8
3.0 R @ T onto B1192, \$ Langrick, NY (!)	207.8
1.7 L > TL onto Ferry Ln, \$ Holland Fen	209.5
Cont Ferry Ln, curves R then L	209.5
1.9 R @ T onto N. Forty Ft Bnk \$ Holland Fen	211.4
Dead straight for 6.9km!!!	211.4
6.9 Curve R by about 30 degrees!	218.3
Cross waterway on humpback bridge	218.3
1.7 R on LHB, \$ bike route, Boston	220.0
0.1 Curves L to continue by river Witham	220.1
2.2 R on LHB, by red bridge, \$ bike route	222.3
7.0 Curve L in sight of Kirkstead Bridge	229.3

**8) KIRKSTEAD BRIDGE - DUNHOLME (30.4km)**

0.1 R @ T onto B1191, \$ Woodhall Spa	229.4
Cross Kirkstead Bridge to N side	229.4
0.5 1R after xing bridge	229.9
0.2 R onto tarmaced CP, go under bridge	230.1
Cont on tarmaced CP on N side river	230.1
6.0 R to get off CP nr Riverside Inn, <b>Southrey</b>	236.1
Head N on Ferry Rd	236.1
2.2 L @ Tri, onto Horncastle Rd, B1190 \$ CP	238.3
2.2 Curve L in centre of <b>Bardney</b>	240.5
0.8 R @ TL < bridge, onto CP Water Rail Way	241.3
6.4 Leave CP via footbridge, xing to N bank	247.7
0.1 Off footbridge onto lane heading N	247.8
0.3 L @ T onto Ferry Rd	248.1
1.0 CONTROL 7 The Carpenters, <b>Fiskerton</b>	249.1
0.0 Depart Carpenters, R to retrace	249.1
0.1 1st L into Chapel Rd	249.2
2.2 Curve L @ <b>Reepham</b> , \$ (old) Lincoln	251.4
Level xing, wiggle thru village - R L L R	251.4
0.8 R onto Kennel Lane	252.2
1.5 R @ T, onto CP next to A158	253.7
1.1 L into Scothern Lane (need to xing A158)	254.8
2.5 L @ T, \$ Dunholme, Welton	257.3
2.1 SA (wiggle R, L) @ T, \$ D'holme, Welton	259.4
0.3 1E MRB in <b>Dunholme</b>	259.7

**9) DUNHOLME - BRIGG (34.3km)**

0.1 1st R onto Ryland Rd, \$ Village Hall	259.8
0.9 Curve L @ Tri in Welton	260.7
0.3 2E @ MRB onto Hackthorn Rd	261.0
4.6 R @ T & Tri, \$ Owmbly, in <b>East Firsby</b>	265.6
0.3 L @ T, onto Owmbly Rd	265.9
3.1 Curves L, enter <b>Owmbly-by-Spital</b>	269.0
0.5 R, signed Normamby	269.5
0.7 Curve L in Normamby, > Bottle & Glass	270.2
2.6 R @ T, in <b>Glentham</b> , on A631, \$ Grimsby	272.8
0.1 1st L onto Bishop Norton Rd	272.9
3.4 In Atterby (?), cont, wiggle R L L R	276.3
0.5 Cont with sharp R as leaving village	276.8
Thru <b>Snitterby</b> into <b>Waddingham</b>	276.8
3.7 L @ T, \$ Redbourne	280.5
Thru <b>Redbourne</b> , <b>Hibaldstow</b>	280.5
7.3 Cont @ Tri, curving R, \$ Brigg, A1206	287.8
4.5 2E & MRB on edge <b>Brigg</b> , \$ <b>Brigg A18</b>	292.3
1.1 R on LHB onto Bridge St, then cross river	293.4
0.3 This is Brigg pedestrian shopping st	293.7
CONTROL 8 - ATM or Marmaris (below)	293.7
0.3 Continue SA on Wrawby St to Marmaris	294.0
	294.0
	294.0
	294.0

**10) BRIGG - HUMBER BRIDGE (24.5km)**

0.0 R onto A18, via pavement & pelican xing	294.0
0.2 1E RB, \$ Wrawby, Elsham	294.2
Out of Brigg on Wrawby Rd, A18	294.2
1.5 L via CP, onto B1206 \$ Barton, S. Ferriby	295.7
3.9 L onto Elsham Rd, B1204	299.6
Cont thru Bonby, Saxby, Horkstow	299.6
10.7 R @ T in S. Ferriby, \$ Humber Bdg, A1077	310.3
Climb about 40m over next 1km	310.3
2.8 L onto Gravel Pit Rd, descend	313.1
1.6 R @ T onto Far Ings Rd	314.7
1.0 Use CP to get on to Humber Bridge	315.7
2.8 Imm > tolls, exit bridge by CP / slip road	318.5
	318.5
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	318.5
	318.5

**11) HUMBER BRIDGE - JCT A63 / A1034 (13.2km)**

0.0 Imm > tolls, exit bridge by CP / slip road	318.5
Head N broadly parallel to A15 (tricky)	318.5
0.6 L @ T, onto Ferriby Rd, \$ All Routes	319.1
0.5 1E RB, onto A15, \$ Leeds A15 - BUSY!	319.6
Stay R on A15, it crosses A63 & curves R	319.6
0.8 L < joining A63, tiny \$ North Ferriby	320.4
Cont SA on Ferriby High Rd, Melton Rd	320.4
3.2 3E RB to go over A63	323.6
0.1 Imm 1E RB, South Lawn Way \$ Melton	323.7
0.8 1E RB, \$ Melton, Welton	324.5
0.3 R @ T onto East Dale Rd	324.8
1.2 Curves L to reveal church & churchyard	326.0
Cont thru centre <b>Welton</b> village	326.0
0.2 L @ T > Green Dragon, onto Cowgate	326.2
0.3 R @ T, \$ Leeds, Elloughton, Brough	326.5
Curves L 180 degs and over A63	326.5
0.3 R @ TL onto Welton Low Road	326.8
Thru <b>Elloughton</b> centre (diff to 2016 rte)	326.8
2.5 2E RB, \$ Mkt Weighton, South Cave	329.3
2.2 1E RB, \$ Mkt Weighton, S. Cave, Hull etc	331.5
0.2 L @ Tri, \$ South Cave (West End)	331.7
	331.7
	331.7
	331.7

**12) JCT A63 / A1034 - MKT W'TON (17.7km)**

0.0 Quiet Route (36m climb)	331.7
0.0 L @ Tri, \$ <b>South Cave (West End)</b>	331.8
0.7 R @ T, onto Ellerker Ln, \$ Sth Cave (W.Enc)	332.5
Cross over A63, becomes Water Lane	332.5
0.8 L @ T onto West End	333.3
Cont thru village, Ferry Rd, Sand Ln	333.3
3.0 L @ T by war memorial, onto B1230	336.3
0.5 CONTROL 9 @ \$ at jct with Townend Ln	336.8
	336.8
0.0 R @ x, onto Townend Ln (easily missed)	336.8
0.5 Curves L, \$ <b>Sth Cliffe, Nth Cliffe</b>	337.3
Cont Cliffe Rd, thru Sth Cliffe, Nth Cliffe	337.3
<i>Option thru MW centre, for interest:</i>	337.3
8.7 R @ T, \$ Beverley (not York!)	346.0
0.0 Imm off rd and follow path behind fence	346.0
0.0 Path joins Cliffe Rd, now in suburbs!	346.0
0.4 L @ T onto Southgate	346.4
0.4 1E @ MRB, \$ Town Centre	346.8
1.7 R @ T onto A1079, \$ York	348.5
1.0 2E, SA @ RB	349.5
0.0 Imm L into services area	349.5
CONTROL 10 at 24hr McD or BP	349.5
	349.5
	349.5

**13) MKT WEIGHTON - YORK (32.2km)**

0.0 Depart McDonalds, heading N on A1079	349.5
2.2 L, \$ Everingham, into <b>Thorpe Le Street</b>	351.7
3.9 R @ T in <b>Everingham</b> , \$ Melbourne	355.6
2.3 R, \$ <b>Melbourne</b> , Pocklington	357.9
2.1 L @ T, \$ Howden, Goole, <b>Melbourne</b>	360.0
Cont thru <b>Melbourne</b>	360.0
Cont B1228, to <b>Sutton/Derwent</b>	360.0
8.0 Cont B1228, curves L by tennis court	368.0
Cross River Derwent, thru <b>Elvington</b>	368.0
Cont B1228, past Yorkshire Air Museum	368.0
7.6 L @ TL, \$ York A1079	375.6
Imm SA across giant RB over A64	375.6
0.3 SA on Hull Road, A1079, \$ York, Fulford	375.9
3.9 SA @ TL to enter York via Walmgate	379.8
0.7 SA @ TL, cont A1036, \$ Inner Ring Rd	380.5
0.7 L @ TL, onto Gillygate, \$ Inner Ring Rd	381.2
0.3 L @ TL, onto Bootham, A19	381.5
0.0 Imm fork L under Bootham Bar	381.5
Cont on High Petergate	381.5
0.2 L onto Precentor's Court.	381.7
YORK MINISTER - Arrivee!	381.7